

Planting Seeds, Passing Stories Program Overview

10.00 am - Gathering

Buses leave from the school entrance.

10.15 am - Introduction

Buses arrive the planting area. There is a small introduction about the workshop, how the program will be, the importance of Tomato and its meaning on Napoli Culture.

10.30 am - Hands-On Tomato Activity

Participants get their special gardening bags.

Children's bag: Simplified tools (shovel, rake),
gloves, hat, apron, fertilizer, seed pocket,
name tags, plant diary.

Elderly bag: Advanced tools (hoe, watering can), gloves, hat, apron, fertilizer, instructional booklet.

After getting their bags, the teams disperse to the area.

- 1. Hoe and clean the planting area.
- 2. Collect harmful plants for composting.
- 3. Dig a hole to plant seeds.
- 4. Plant the seeds.
- 5. Add the nutritions to the hole that comes from the bag.
- Fill the hole with soil and press down to compress.
- 7. Water the plant.
- 8. Place the markings to mark the plant area.

11.30 am - Regathering and leave

Participants come to the gathering area and take a group photo. After that, they get on the bus and go back to school.

