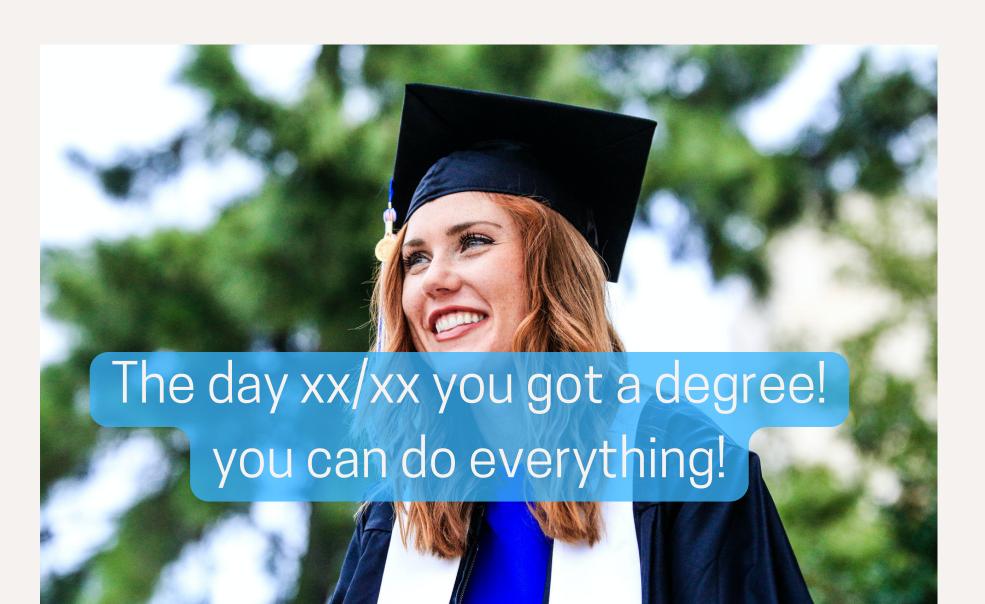


Our concept

An app where the user receive a motivational message on his phone, this motivational message is a short story of a person who achieve a goal, the text will appear on a natural or relaxing landscape, with the right contrast to make the text readable. In order to deliver the right message there will be a profile page where the user can add info about his mood, so he can receive the most suitable message

In this app the user can add personal goal achieved that can be reminded to the user when he is in a bad mood



External Device

A bracelet (like an Apple Watch) that detects physiological parameters related to emotions (heart rate, cardiovascular tone, blood pressure, blood saturation) and that sends a notification with the quote if the user appears to be stressed.

Aggiungi corpo del testo